

### Menu

Breakfast served 9am - 3pm

#### Full English Breakfast

£11.95

Table Service

2 eggs, 2 slices of back bacon, 2 Cumberland sausages, hash brown, black pudding, grilled tomato, mushroom, Heinz baked beans and a slice of toast.

#### Small English Breakfast

£10.00

Egg, 1 slice of back bacon, 1 Cumberland sausage, hash brown, black pudding, grilled tomato, mushroom, Heinz baked beans and a slice of toast.

#### Full Vegetarian Breakfast

£11.75

2 eggs, 2 slices bacon, 2 veggie or vegan sausages, hash brown, grilled tomato, mushroom, Heinz baked beans and a sliced of toast.

#### Small Vegetarian Breakfast

£10.00

Egg, bacon, veggie or vegan sausage, hash brown, grilled tomato, mushroom, Heinz baked beans and a slice of toast

#### Scrambled eggs and smoked salmon v

£10.00

 $3\ \mathrm{eggs}\ \mathrm{scrambled}\ \mathrm{with}\ \mathrm{sour}\ \mathrm{cream}\ \mathrm{and}\ \mathrm{a}\ \mathrm{side}\ \mathrm{of}\ \mathrm{smoked}\ \mathrm{salmon}\ \mathrm{served}\ \mathrm{on}\ \mathrm{to}\mathrm{asted}\ \mathrm{sourdough}.$ 

#### Avocado and poached eggs v

£9.50

Toasted sourdough topped with avocado, rocket and poached eggs.

#### **Egg Benedict**

£10.00

Served on a toasted muffin, back bacon, rocket and hollandaise sauce

#### **Mushroom Benedict**

£10.00

Poached eggs and mushrooms served on toasted muffin rocket and hollandaise sauce

#### Creamy Garlic Mushrooms v

£9.50

Served on a slice of sourdough toast

#### Vegan Stack vg

£9.50

Mushrooms, tomatoes, hash browns and smashed avocado.

#### American Style Pancakes please choose 2 toppings

£5.75

Bacon, homemade fruit compote, natural yoghurt, maple syrup,

banana or Nutella

Gluten free bread is available Please make your waitress/waiter aware of any allergies



(GF) - Gluten free (VG/DF) - Vegan/dairy free (V) - vegetarian Although the food may not contain **nuts, flour or cereal**, we do use them on the premises. Please let us know of any food allergies so we can best accommodate them.

We source all our produce locally where possible.



# Lighter Options

	±	
Bacon ciabatta		£4.25
Cumberland, Ve	eggie	
or Vegan sausaç	ges ciabatta	£4.25
Porridge (including	Jam or Honey).	£4.25
Granola served	with yoghurt	
& mixed berry c	compote	£4.25
2 crumpets		£2.50
2 slices of toast o	granary, white or	
gf bread (or sou	rdough £1.00 extra).	£2.50
Toasted teacake	)	£2.50
Croissant (with but	ter and a choice of preserve)	£2.95
Jam (Strawberry	y, Blackcurrant,	
Raspberry), Mar	rmalade or Honey	60p

### Breakfast Deal

#### Monday - Friday inclusive 9am - 11.30am

Bacon **or** Sausage served on a toasted ciabatta, (**GF** toast available) served with any reg size hot Drink

**ONLY £5.95** 





### Homemade Soup

Served with warm ciabatta

£5.25

### Lunch Menu - Open Cold Sandwiches

Served with Side Salad, Cous Cous, Homemade Coleslaw and Hand Cooked Crisps. All our side salads and salads are seasoned with our homemade dressing. White, granary or sourdough.

Add a Cup of Soup for Only £2.75

Add a cup of soup for only \$2.75	
BBQ pulled pork slow cooked in house, served with crispy	
onions and a side of homemade apple chutney	£8.75
Tuna mayonnaise and cucumber	£8.50
Brie and cranberry	£8.75
Prawn Marie rose	£8.75
Roast chicken breast served with mango chutney dressing	
and rocket	£8.75
Homemade Pesto rocket & a sprinkling of toasted walnuts <b>vg</b>	£8.50

#### Hot Toasted Ciabatta

Served with Side Salad, Cous Cous, Homemade Coleslaw and Hand Cooked Crisps All our side salads and salads are seasoned with our homemade dressing.

Add a Cup of Soup for Only £2.75	
Brie, bacon and cranberry	£9.75
BBQ pulled pork slow cooked in house served with	
homemade apple chutney	£9.75
Cumberland sausage and homemade caramelised red onion	£9.75
Tuna mayo cheese melt	£9.50
Mozzarella, sliced tomatoes and homemade pesto <b>vg option</b>	£9.50
Cheddar Cheese and Ham served with homemade	
apple chutney	£9.50
BLT (Bacon, lettuce, tomato and mayo) <b>vg option</b>	£9.50

Salads £12.50

All our side salads and salads are seasoned with our homemade dressing. Add a Cup of Soup for Only £2.75

Goat cheese, beetroot and toasted walnuts with our honey and mustard dressing

Egg noodle salad with chilli dressing add chicken or grilled halloumi

Greek salad mixed leaf, feta, olives, cucumber, tomato with white wine and Dijon dressing **vg option** 

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## Platters (big enough to share)

Table Service

All our side salads and salads are seasoned with our homemade dressing.

**Charcuterie Meats,** mixed olives, dressed salad, celery, carrots sticks homemade pesto, crisps, Roquito chilli pepper pearls selection of oils served with pitta bread £15.00

**Ploughmen's,** brie, mature cheddar cheese, pork pie, ham, salad, apple, celery sticks, Branston pickle, baby pickle onions, Roquito chilli pepper pearls and served with selection of crackers

£15.00

Halloumi Kebabs, homemade pesto, Tzatziki, mixed olives, celery, carrot sticks, couscous, side salad, Roquito chilli pepper pearls, crisps served with pitta bread £15.00

#### Jacket Potato

Served with side salad, cous cous and homemade coleslaw, all our side salads and salads are seasoned with our homemade dressing. Add a cup of soup for only £2.75

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In house slow cooked BBQ pulled pork and side of our	
homemade apple chutney	£10.50
Prawn Marie rose	£10.50
Cheese and beans <b>vg options</b>	£10.00
Garlic Mushrooms, add chicken £2.00 extra	£10.00
Tuna mayonnaise	£10.00

### Yorkshire Pudding Wraps

Served with side salad. All our side salads and salads are seasoned with our homemade dressing.

Roast chicken with sage and onion stuffing & a jug of gravy	£12.00
In house cooked BBQ pulled pork with a side of homemade	
apple chutney	£12.00
Cumberland sausage and homemade caramelised red onion	£12.00

# Children & Smaller Appetites

Cumberland sausage, Heinz beans and mashed potatoes	£6.50
Heinz beans on toast	£5.75
Eggs on toast (fried, poached or scrambled eggs)	£5.50
Cold Sandwiches:	£6.00

Cheese, chicken, ham, tuna mayonnaise served with crisps





### Soft Drinks

All £2.75

Victorian Lemonade Sparkling Raspberry Mandarin & Seville Orange Dandelion & Burdock Wild English Elderflower Ginger Beer

### Soft Drinks

Harrogate Water still/sparkling	£1.75
Coca Cola/ Diet Coca Cola	£2.50
Milk	£1.60
Apple or Orange Juice	£2.00

### Iced tea

	Peach, Raspberr	y or Jasmine & Lime.	£2.70
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### Milkshakes

Strawberry, choco	olate, banana c	r raspberrv	£3.50

### Smoothies

Berry burst, pineapple sunset,	£3.50
green reviver or manage dream	





Beers & Ciders	
Peroni 500ml Peroni 330ml Jennings Cumberland Ale 500ml Wainwrights Ale 500ml Magners Cider 500ml Non-alcohol Beer 330ml Fruit Cider 500ml	£4.50 £3.00 £4.50 £4.50 £4.50 £3.00 £4.50
Spirits 25ml	
Gin, Vodka, Whisky, Brandy, Rum or Baileys	£3.00
White Wine 18.7	75cl 75 cl
Sauvignon Blanc - crisp, elegant and fresh Pinot Grigio - fruity with a touch of honeysuckle and honey Chardonnay - rich and full bodied  £5.0	00 £15.00
Red Wine	
Merlot- soft, warm, plump and velvety  Shiraz- bold and full bodied with aromatic notes of smoke black fruit and pepper spice	
Rose Wine Fresh & Fruity £5.	00 £15.00
Prosecco	
Prosecco Di Maria - fresh & fruity with a crisp citrus £5.5 twist on the finish	50 £19.00
Di Maria Rosado Rose - red berry fruits and plenty of bubbles	50 £19.00







#### Desserts

A delicious selection of homemade traybakes and cakes from £3.00

English Lakes Ice Cream (Strawberry, Chocolate or Vanilla) 1 Scoop £1.70

2 Scoops **£2.70** 

3 Scoops **£3.70** 

#### Scones

Bristly fruit scone jam & butter	£3.50
Add clotted cream	£1.25
Bristly togsted cheese & herb scone	£3.50

Served with butter, Branston pickle or bristly made tomato chutney

### Puddings

£5.50

We have a selection of delicious locally sourced puddings on offer Served with either Custard, Ice-Cream or Pouring Cream Cartmel sticky toffee pudding Cartmel sticky chocolate pudding Golden syrup sponge Strawberry jam sponge Ginger sponge Affagato (Lake's vanilla ice cream with a shot of Italian coffee poured over)

#### Afternoon Deal

2pm - 4.30 pm

Enjoy a slice of your favourite homemade traybake or cake with any regular size hot drink

only £5.50

Please note the puddings are not included in the afternoon cake deal







#### Coffee

#### All our coffee beans are sourced from local coffee roasters

Coffee Regular Large

Macchiato 2.20

Meaning 'marked' in Italian, espresso with a dash of foam.

Piccolo 2.30

Espresso with dash of velvety milk.

Espresso 2.20

Incredible Espresso Blend. Expect strength and crema.

Americano 2.80 3.30

Espresso with hot water.

Flat white 3.10 3.60

Double shot of espresso with velvety smooth textured milk.

**Cappuccino** 2.80 3.30

The frothiest of them all 1/3 coffee, 1/3 steamed milk, 1/3 smooth foam.

 Café Latte
 3.10
 3.60

Milky coffee, espresso topped with steamed milk.

Mochα 3.20 3.70

Espresso topped with silky hot chocolate.

Cafetière 3.40

The classic French press, leave to brew for 5 mins, plunge and enjoy.

V60 Classic Filter Coffee 3.10

This method of brewing allows the coffees natural sweetness and acidity shine through.

Chai Latte 3.10

Iced Coffee 3.50

Hot Chocolate 3.00 3.60

A mug of silky chocolate (why not add one of the following)

Marshmallows/double cream/syrup .50 each

Add all 3 for a real indulgent mug of pure delight.

Decaffeinated coffee is available. We serve our coffees at the optimum temperature for the greatest flavour. If you'd like your beverage extra hot, please ask! Alternative milk option available.





### Tea

Organic English Breakfast A blend of Ceylon, Darjeeling and Keemun.	2.80
Earl Grey A classic black tea blended with the finest bergamot oil.	2.80
Decaffeinated Ceylon Classic cuppa without the caffeine buzz.	2.90
Organic Rooibos Naturally caffeine free. (Also known as Redbush)	2.80
Blood Orange Spanish orange, citrus and apple pieces.	2.80
Whole Peppermint Leaves A refreshing tea that aids digestion.	2.80
Lemon and Ginger The perfect pick me up, that smooths the throat and clears your sinuses.	2.80
Camomile A delightfully delicate floral and calming tea.	2.80
Berry Cocktail A refreshing tisane which combines the taste of Kentish apples and the juicy citrus offering of fresh lemons.	2.80

Alternative milk options available.

